

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Morris life Care Pregnancy Center

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Goal: Support, encourage and assist women in carrying their pregnancies to term and in caring for their babies after they are born, as well as provide education to assist in lowering the number of infant mortality in West Central MN

For the period: 1/1/2017 - 3/31/17 **Quarter:** 3rd

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, training, volunteer coordination, staff assessment and all administrative duties. Plan grant activities, build and implement programs. Provide guidance to grant staff; complete grant forms; attend required grant meetings.		Complete grant forms, plan grant activities, update & build / implement programs. Provide guidance to grant staff. Volunteer coordination, staff assessment and administrative duties.	
Outreach	Plan and implement outreach to Hispanic Community; increase promotional activities, advertising, public presentations, networking and outreach efforts of center; and increase staff capacity. Includes FAQ's and Virtual Tour additions to the website.		We continue to implement our outreach to the Hispanic community. We have working relationship with Public Health in Swift County and see clients as necessary in that county. We have also recently been given opportunity to utilize a space in Pope County and are working to make that a more consistent aspect of our services. Clients have been focusing on Pregnancy/Prenatal Education, Parenting skills/Education and Child Passenger Education. We are working with Steven's County Human Services to help with parenting and life skills. We have also been meeting clients in Hancock, MN who do not have transportation on a weekly basis. We plan to extend these outreaches in more of the counties in our area; with public presentations, webinar pieces on our	

			website, meeting with clients in their county/city as needed and connecting with other support services to create more integrated services in those counties.	
Car Seat Program	Provide car seats and certified car seat instruction and follow up in an incentive based program. Car Seat education, Car Seat Installation, follow up re-checks and instruction. Host or assist in Public Car Seat events	10 - 11	We are having an excellent response to our car seat program and are providing safety training, instruction and installation education of car seats to our clients, as well as re-checks after baby is born to check retention of that education, to answer any further questions and to address any new safety issues. We have provided more instruction as necessary. We plan to assist in Public Car Seat events. We have also had opportunity to share education with our support community via one on one conversations and group informational events.	10 installs 13 classes 3 checks with a total of 14 signed up for the program
Case Management Services	Follow up with each client either in person or by phone following a car seat instruction, an Earn While You Learn Education class, a pregnancy test, STD/STI test, Ultrasound appointment, or Life Coach / Mentorship meeting. Promote healthy connections and choices.	25	We are planning to implement a program to text clients for appointment reminders. We are currently making follow up calls after an appointment to see if they would like to schedule another appointment if they have not already made one, or if there are any questions or concerns we can help with as needed. We have begun a quarterly follow up plan for all clients using a mailing process as a way to encourage them and to promote healthy connections.	128
Community Educational Live Stream Event	Healthy Mommas Webcast: Nutrition and Exercise. Promote staying healthy during pregnancy and pre-conception. Hosting a panel of professionals from the community	35/yr	We are continuing the planning stages of this program and are diligently working towards our goals of starting up these and other necessary programs.	NA
Crib Distribution/ Sleep Safety Education	Safe Sleep Education Only provided through Earn While You Learn Programs. This may lead to crib distribution through Birthright in Alexandria or Pack and Play distribution through Cradle of Hope (we are a Pack and Play crib site)	2 -3	We promote safe sleep situations to a large majority of our clients as a necessary safety class via brochures and video education. It is also one of the safety classes we added to our car seat program to further promote safety and healthy outcomes.	9

Interpreter Services	Interpreter on staff who also is a trained Client Advocate as well as Certified Car Seat Technician. Interpreter will be translating documents, website, assisting at Education Outreach Events and more	100	We have had an EXCELLENT response to our translating services. Our translator has helped our outreach efforts and the Spanish program continues to be a vital aspect of our services. We have also been able to meet the needs of our Spanish speaking clients in various ways. We have also extended our services to another town to help with lack of transportation. Our interpreter has also helped by installing and teaching proper car seat use as well as SIDS education and other relevant safety information. She sees all spanish speaking clients and follows up with them as she deems necessary.	103
Life-Coaching Education Program	Life Coach training will be taken online and provided to all clients. Will use life coach method with all Intakes, Earn While You Learn Clients and Pregnancy Test/Ultrasound	6-7	We are looking forward to implementing this program as soon as our staff are able to be trained. This service will enrich our program and as such we hope to start training in the near future.	NA
Nutrition	Provide Nutrition Education and 25 Prenatal vitamin vouchers	6-7	We have not yet become a medical center, but have utilized the education information from our EWYL program which has been received well. The medical aspect continues to be one of our ultimate goals and we are diligently working toward that end.	8 Education only
Parenting Education	Program name: Earn While You Learn Parenting Classes	25	We are using Parenting education as part of our Earn While You Learn program. Many clients have expressed how this program has helped them in their daily lives & in making better choices for their children. Parents have also expressed that they have better behavior outcomes from their children at home when implementing the skills and information we provide.	33
Pregnancy Education	Program name: Earn While You Learn Pregnancy Classes	38	We are using pregnancy education which is also part of our Earn While You Learn Program. Many clients have stated the information is helpful whether they had received the education previously or not. As an extension of this we have implemented the prenatal care program to educate women about the impact of getting prenatal medical care throughout their pregnancies and to help us discover some of the barriers that they have in getting that necessary prenatal medical care specific to our community.	153

Pregnancy and Preconception Education Outreach	Community Event for Pregnant and pre-conception women. Provide education and information materials on FAS, Car Seat Safety, Safe Sleep, SIDS. Flyers and brochures. 1 per county / 2 counties per year	60/yr	This event is currently in the planning stage and we look forward to implementing it soon.	NA
Pregnancy Testing	Program name: Pregnancy Testing	6 -7	Provide intake assessment for program eligibility, pregnancy test, support, counseling and education.	7
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	13	We have changed our forms to include questions on all necessary services and make a point at each intake to ask about the need for additional services. We then utilize our resource database to provide information and make referrals.	10 new clients No Referrals
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	2-3	Assessments without referrals.	10
STI Testing	Provide STI testing and counseling	6 -7	We are currently in the planning and fundraising stages of the STD/STI/Special Infection program, as we are not yet medical.	NA

Transportation	Transportation vouchers given as bus passes or \$5 gas certificates (not to exceed \$50per client per year) to clients who have transportation issues in getting to/from classes as well as for specialists in St Cloud or Mpls.	50	Provide vouchers for transportation to and from classes and Doctor Appointments and to access free ultrasounds for eligible clients. We have purchased the vouchers, and they are available to our clients. The bus passes have been essential to our clients locally We count single ride passes and each gas certificate as one.	12 Bus tickets No Gas Vouchers
Ultrasound	Provide ultrasound to clients, including assessment, intake, and life coaching/counseling	6 -7	We are currently in the planning and fundraising stages of the ultrasound program, as we are not yet medical.	NA

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	10
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	3
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	1
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	6
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	9

Challenges: Having purchased transportation vouchers(bus passes and \$5 gas only certificates) in January after going a quarter without having them. This was due to low donations and late reimbursements. We started utilizing the bus passes immediately which has begun to again meet the need that we were unable to meet in the previous quarter. This resulted however in clients possibly seeking this assistance elsewhere or being unable to access any of our services. The Gas vouchers have not yet been utilized in part because of misunderstanding policy and the other changes that have taken place with the resignation of our Executive Director. In part the transportation issues may have had some effect on our new client intake assessments. The hours the center is open have had effects on our statistical numbers in general also. These hours

were cut tremendously in September 2016. We have slowly increased back to nearly normal hours being short by only 3 hours compared to before September 2016. This was again due to the low donations and late reimbursements mentioned above.

Comments: